

Coach Jesse's Newport Hills 2021 Junior Guard Swim Test Training

This swim training class is designed to teach swimmers the stroke of freestyle and how to swim 4 laps in a row, to pass the junior guard qualifying swim test. This program is for ages 8 and older. If your child is 6-7 years old, they must have approval from Coach Jesse to join the class.

Start on January 19nd (Tuesday) ...

8 weeks

Class starts: Jan. 19th 2021

Ends: March 11th 2021

Spaces are limited to 16 kids/ per pool/ per session:

- Monday- Thursday:
Session 1@ 4:30p – 5:30p
Session 2@ 5:15p – 6:15p
Session 3@ 6:00p – 7:00p
We may create additional sessions as class times fill up.

- Flat Fee (8 weeks of training): \$225

Swimming every day is not mandatory, but we recommended 3-4 days for kids who are new to swim training.

The Newport Hills Homeowners Association is following the current COVID-19 California youth sports guidelines which say we can only allow small groups of training and maintaining social distancing while stationary in the pool. If new guidelines come out between now and the start of the program, we will adjust the times and program details accordingly, but for now, we have limited space for our program and spaces are limited to 16 kids from different households, per training session. Please sign up at the following link:

https://docs.google.com/forms/d/e/1FAIpQLSekopFyqEzorFNrovsklb5wXs_twsbErjht8RYG7JMjLRrW2w/viewform?usp=sf_link

After registering, you will receive payment options as well as our NHCA Covid-19 protocol forms that each participant must agree with to participate in our program. To secure your spot, you will need to complete payment and submit all waivers.